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## TESOL Shanghai Guide

Take the plunge this year with any of TESOL Shanghai's courses and see all that China has to offer. The "TESOL Shanghai" guide is your guide to getting started with our courses.

### Why Shanghai?

Shanghai is an amazing, pulsating city that has anything- and everything- to offer both visitors and long time stayers. Our school is located in downtown Shanghai so you can easily get to all the sights that Shanghai has to offer.

### Accommodation

TESOL Shanghai provides accommodation at a local hotel

right near the school. Its a great place to meet people, with clean rooms, bar, lounge area and all the amenities you need.

We cater for all budgets, from a bed in a shared dorm, to single rooms, double rooms and also serviced apartments.

Prices start from \$400USD a month, and we provide specials all year round.

### **Cost guide**

For an international city Shanghai is fairly cheap. Here is a basic rundown of costs:

Food: You can easily eat well, 3 meals a day with Chinese food can set you back as little as \$5USD a day

Taxis: So cheap. You would never spend more than \$5USD a trip (and that's a long way!). And best of all they are safe, clean and efficient.

Subways and buses: Very efficient and affordable, and most trips on a subway only cost around 60US cents.

Drinking and nightlife: This is where your money can easily go. Beers in a local convenience store and restaurants are dirt cheap, however if you start going to high end bars then prices match what you would pay back home. Still, Shanghai has a huge nightlife community that caters for young and old, and more bars for all people and budgets come up all the time. And there are always drink specials (\$15USD all you can drink nights etc).

Western food: Staples foods, such as a McDonalds meal or KFC will set you back about \$3USD for a burger, coke and fries.

### **Airport transfers**

We know what its like to arrive in a foreign country after a long flight, but anyone doing one of our courses will always be picked up and transferred to their accommodation in Shanghai.

### **Course times**

We run courses all year round and our courses provide enough flexibility for you to explore Shanghai and China. Most students have enough time to head to Beijing, Xian or even to Hainan to get some sun.

### **Times to go to Shanghai**

Shanghai's weather is fairly extreme, so its worth knowing more before you start packing. From November-March its

cold. December, Jan and February are very, very cold. April, May, and September are the most pleasant months, while June-August is summer, and its very hot!

### **Things to prepare**

You can get nearly everything in Shanghai, but before you come over you should know these things:

Prepare some travel insurance.

Any medicines etc that you really need should be brought over (although hospitals here are fine).

Any creature comforts. Food in China is cheap, but we all get cravings for things back home. If there is something particular you need from home (Like Vegemite for me!) then bring that over. But Shanghai has everything else you need.

Shoes! Big shoes are hard to buy here so remember to bring enough.

Favourite books and photos of family! You will need them.

### **Any more questions?**

You would have hundred of questions, so give us a call on 86 51078189, on Skype (TESOLsh) or just send us an email to [TESOL@tesolsh.com](mailto:TESOL@tesolsh.com) and start your adventure with us!

## **Contact Us**

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